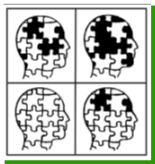


Brain Injury Coalition & Disability Action Center
 Waterland-Breslauer Building. 341 Broadway, Suite 311
 Chico, CA, 95929



SEPTEMBER



Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
	1) <u>Social Communication skills group</u> from 10am-11:30am	2) NO  Book Club 10:15 to 11:30 MusicTherapy group 3:30 -5:00	3)	4) <u>TBI Peer Support Group</u> 11:30 to 1:00	5)	6).
7). No Art  on Labor DAY	8)	9) <u>Book Club</u> 10:15 to 11:30	10).	11). <u>Thresholds</u> 3:00 to 4:30 meet at Enloe conference	12).	13)
14).  * Art from 10am-12pm	15) <u>Social Communication Skills group</u> 10 - 11:00	16) <u>Book Club</u> 10:15 to 11:30 <u>MusicTherapy group</u> 3:30 - 5:00	17). <u>Social Communication Skills Group</u> 10-11:30	18). Workshop Concussion Awareness & Injury prevention 10-12:30 pm	19).	20).
21).  * Art from 10am-12pm	22).	23} <u>Book Club</u> 10:15 to 11:30	24) * Redding <u>TBI Peer Support Group</u> 1-2 pm	25). <u>TBI Peer Support Group</u> 11:30 to 1:00	26).	27.
28)  * Art from 10am-12pm	29)	30) <u>MusicTherapy group</u> 3:30 - 5:00				

- 🎨 **Art Therapy:** Phone number is (530) 370-1285 and is located at 1459 Humboldt Rd, STE. B.
- 🎵 **Music Therapy:** Email rachel@haleymusictherapy.com and located at 2550 Floral Ave, Chico
- ❤️ **New TBI Peer Support Group:** Join us for our brand new peer support group where we meet and create connections with each other and ourselves! Meet us on Friday September 4 and September 25 from 11:30-1pm for an open discussion at 1161 East Avenue in the Conference Room. Call (530) 893-8527 if you are interested

📖 **Book Club:** Phone number is (530) 342-3118 and located at Waterland-Breslaier Building. 341 Broadway, Suite 402 Conference room. We are currently reading The Berry Pickers by Amanda Peters

- ☐ **Thresholds:** Every Second Friday of the month
This month **Friday, September 11** ***Thresholds*** will meet at Enloe Conference Center in the Planetree room 1528 Esplanade , Chico. Time 3:00 to 4:30 pm.
- **Redding Peer Support Group:** Every 4th Thursday of the month from 1-2pm at 2440 Athens Ave in Redding CA. This group meets to support one another, socialize with people in the community, and learn about traumatic brain injuries. Contact call (530) 242-8550 if you are interested!
- **Prepared Today , Protected Tomorrow - Emergency Preparedness, Injury Prevention and Concussion Awareness Workshop**
Friday September 18, 2026 9:45 am doors open, 10:00 to 12:30 pm
1528 Esplanade, Chico - Enloe Conference Center call 530-342-3118